



Open Swim Stars Harmonie Mutuelle Paris



• General informations •



Swimcap Collection

Where ?

For all races, swimcap collection will be at : Bassin de La Villette, Stand Open Swimstars, opposite 39 quai de la Loire, Promenade Eric Tabarly – Paris 19th.

When ?

Friday 15th June : from 2pm to 8pm for all swimmers.

Saturday 16th June : from 10 am to 3 pm for 10K swimmers, and from 10 am to 4 pm for 5K swimmers. From 10am to 6:30pm for Sunday swimmers.

Sunday 17th June : from 7:30 am to 8:30 am for the 2K fins, 7:30am to 9:30am for the 1K, 7:30am to 10am for the 2K first wave and 7:30am to 11:30 am for the 2K second wave.

- There will be a collection point on Sunday for swimmers who couldn't collect on Friday nor Saturday.
- This schedule aims to ease the swimcap collection and reduce waiting time.
- Please try to respect it.



Schedule of Event

Navigation is stopped during the races according to a dictated timetable allowing participants to swim safely. Late arrivals won't be accepted.

Saturday 16th June :

- 10K start from Bondy
- 5K and Combined start from Pantin

Finishing at Bassin de La Villette

From 2pm : Swimmers Village opening, Bassin de La Villette

2pm-5pm : Welcoming of the swimmers

3:45pm : Swimmers departure for Bondy

4:30pm-5:15pm : Swimmers departure for Bassin de Pantin. Several departures organized.

4:30pm : 10K briefing for a 4:45pm start. Maximum imposed time of 3 hours.

6pm : 5K briefing for a 6:15pm start. Maximum imposed time of 2:15 hours.

Sunday 17th June :

- 2K fins
- 1K, 2K

Bassin de La Villette

From 7:30am : Swimmers Village opening, Bassin de La Villette

8:45am : 2K fins Briefing for a 9am start. Maximum imposed time of 45mins.

10am : 1K briefing for a 10:15am start. Maximum imposed time of 40 mins.

10:30am : 2K briefing 1st wave for a 10:45am start. Maximum imposed time of 1 hour.

12 :15pm : 2K briefing 2nd wave for a 12 :30pm start. Maximum imposed time of 45 mins.



Race Course

The course is marked by buoys. Orange buoys mark out the course. Red buoys indicate turns: swimmers will turn with the buoys on their left hand side. The finish line is under the line arch near the swimmers village



Timing

Each swimmer is equipped with a timing bracelet chip. At the finish line, swimmers must absolutely raise their hand above the water and touch the PVC plate located under the line arch. Only those who touched the plate will obtain a race time.



Changing rooms and Deposit

**Deposits will be available at the Swimmers Village:
Saturday from 2:30pm to 8:30pm and Sunday from 7:30am to 1:30 pm.**

Additional deposit will be made available for the 10K and 5K swimmers : you will be given a bag for your belongings and it will be returned to you at the finish at the Swimmers village.



Swimmers Village Access

Swimmers Village is located opposite 39 quai de la Loire – Promenade Eric Tabarly – Paris 19th.

How to get there :

By bus : line 48 stop Jaurès or Line 54 stop Ricquet

By tube : Laumière station line 5, or Jaurès station lines 2,5 and 7bis Swimmers

Village is for participating swimmers ONLY.

Due to Vigipirate security scheme, bags will be checked upon arrival.

Accompanying persons will have access to all other areas.



Swimming Gears

Authorized equipment : swimming suits, swim shorts, trunks and briefs, competition wetsuits and triathlon wetsuits (max. 5mm).

Diving wetsuits, masks and snorkels are only allowed for the 2K fins.



Mandatory Event Swimcap

Only numbered swimcaps from the event are accepted. They must be worn at all time during the race.



External Assistance

Receiving any external assistance is subject to disqualification from start to finish. It is only allowed to temporarily grab a stable point or safety boat in case of problem.

Rescue teams helped by paddle boards and kayaks will follow the swimmers during the races.



Showers and sanitary facilities

Showers and toilets are available for all swimmers : free access at the Village to 6 hot water showers and 7 cold water showers for male and female at the finish. Local health agency highly recommends that all participants thoroughly shower after the race on site, or shortly after i tat their home.



Energy Point

Food supplies and beverages will be offered to all participants at the Village after their race. There will be no energy point during the races except for the 10K.



Sustainability

An accredited laboratory took water samples over the last months and submitted them to the Local Health Agency. Results are very good (they were published on the « Open Swim Stars Paris à la nage » facebook page). The last samples will be 2 days prior to the event and results will be posted at the Swimmers Village.

We strongly encourage participants and spectators to use the bins provided by the organisation. Open Swim Stars Harmonie Mutuelle is committed to health and the environment respect in cities waterways.

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